

# January Calendar of Events

## @your library



Most events require pre-registration. For information or to register for Adult Programs call 201-420-2347, email [hobkref@bccls.org](mailto:hobkref@bccls.org) or signup on EventBrite. For information about Children or Teen Programs call 201-420-2348. **For the latest info see our website at <http://hobokenlibrary.org/>**

### Children's Programs

**Jan 3 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 3 @ 3:30 PM Book Buddies -** Fluent volunteers (8 yrs and up) read to non-readers.

**Jan 4 @ 2:00 PM Phoenix Woodwind Quintet-** Family Program (EventBrite tickets required).

**Jan 7 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 8 @ 10:30 AM Older Kids-** for ages 2 years 6 months to 4 years.

**Jan 9 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 9 @ 3:30 PM Book Buddies -** Fluent volunteers (8 yrs and up) read to non-readers.

**Jan 14 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 15 @ 10:30 AM Older Kids-** for ages 2 years 6 months to 4 years.

**Jan 15 @ 10:30 AM Reading Dogs-** for kids in Kindergarten and up.

**Jan 16 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 16 @ 3:30 PM Book Buddies -** Fluent volunteers (8 yrs and up) read to non-readers.

**Jan 21 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 22 @ 10:30 AM Older Kids-** for ages 2 years 6 months to 4 years.

**Jan 23 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 23 @ 3:30 PM Book Buddies -** Fluent volunteers (8 yrs and up) read to non-readers.

**Jan 28 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 29 @ 10:30 AM Older Kids-** for ages 2 years 6 months to 4 years.

**Jan 30 @ 10:30 AM and 11:30 AM Tiny Tots-** for infants 6 months to 2 1/2 months.

**Jan 30 @ 3:30 PM Book Buddies -** Fluent volunteers (8 yrs and up) read to non-readers.

**Events for Teens (grades 6-12)**  
**Mondays @ 4PM-** Digital Photography.

**Tuesdays @ 4 PM-** Dungeons & Dragons.

**Fridays @ 3 PM-** Video Game Time.

**Adult Program**  
**Jan 6 @ 6 PM-** Moms Writing Workshop.

**Jan 7 @ 6PM-** Mouse and Keyboard Basics.

**Jan 8 @ 6PM-** Resume Writing Workshop.

**Jan 13 @ 6 PM-** SciFi/Fantasy Book Discussion.

**Jan 14 @ 6 PM-** Files and Setting Basics.

**Jan 15 @ 5:30 PM-** Mud Screening.

**Jan 15 @ 6 PM-** Spanish Email Computer Basics.

**Jan 16 @ 6 PM-** DIY: Ecofriendly Products.

**Jan 21 @ 6 PM-** Microsoft Excel part 1.

**Jan 22 @ 6 PM-** Cleansing 101.

**Jan 28 @ 6 PM-** Microsoft Excel part 2.

**Jan 29 @ 6 PM-** Eating on the Go.

**Jan 30 @ 6 PM-** Alexander Technique.

### Winter Library Hours

**Monday**  
10:00 AM—8:00 PM

**Tuesday—Thursday**  
9:00 AM—8:00 PM

**Friday**  
9:00 AM—5:00 PM

**Saturday**  
10:00 AM—5:00 PM

**Sunday**  
11:00 AM-2 PM

### Children's and YA Room Hours

**Monday**  
10:00 AM—6:00 PM

**Tuesday & Thursday**  
9:00 AM—8:00 PM

**Wednesday**  
9:00 AM—6:00 PM

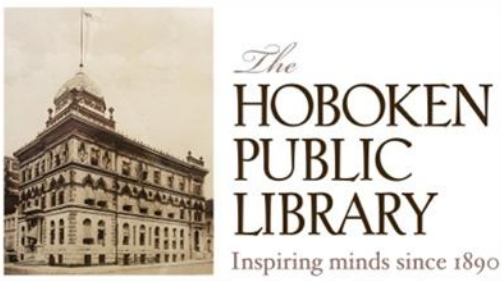
**Friday**  
9:00 AM—5:00 PM

**Saturday**  
10:00 AM—5:00 PM

**Sunday**  
11:00 AM-2 PM

**The library will be closed on New Years**  
**Wednesday 1/1/13.**

**The library will closed on**  
**Martin Luther King, Jr. Day 1/20.**



The Newsletter of the Hoboken Public Library

# @ your library



Volume 11, Issue 1

January 2014

### Make a New Year's Resolution for Personal Health with Mona Laru

Mona Laru is the founder of Naked Nutrition, a nutrition and wellness company that provides online health coaching, corporate wellness, cooking courses, and more to support health.



#### Cleansing 101

On Wednesday, January 22 at 6:00 pm, learn the basic tools for a cleansing diet which will help you get on the road to faster weight loss.

#### Eating on the Go

Traveling can leave you feeling sluggish, bloated, and even cause you to pack on a few pounds. On Wednesday, January 29 at 6:00 pm, learn ways to travel healthily and make the best food choices.

#### Healthy Happy Hour

On Wednesday, February 5 at 6:00 pm, skip the booze and try out these three fun happy hour substitutions. Laugh and learn with your coworkers after 5 pm. Demo and sampling included!

*Always check with your doctor before making changes to your diet or exercise routine.*

## January Events @ the Hoboken Public Library

**See Inside for details about the Science Fiction and Fantasy Book Discussion and new ereading options!**

#### Classical Music for Kids!

On Saturday, January 4 @ 2 pm: The Wonderful Phoenix Woodwind Quintet will perform Prokofiev's Peter and the Wolf with a storyteller and audience interaction. Please get an eventbrite tickets for each family member attending. Stroller rules apply. This program is sponsored by the Friends of the Hoboken Public Library.

#### Moms' Writing Workshop

On January 6 at 6 pm, join us for a writing workshop for moms wishing to get their experiences on the page.

#### Resume Writing Workshop

On Wednesday, January 8 at 6pm, learn to write a successful resume. This workshop will focus on competitive information and general layout and wording. Laptops are available so students are encouraged to bring electronic copies of their resumes to work on in class.



#### Movie Screening – Mud

On Wednesday, January 15 at 5:30 pm, join us for this gripping drama.

#### Reading Dogs

On Wednesday, Jan. 15 at 3:30 pm, kids in kindergarten and up can reserve a spot to read to a therapy dog.

#### DIY Program: Ecofriendly Products

On Thursday, January 16 at 6 pm, Environmental Educator, Amy Manning, will lead a workshop on creating cosmetic products from environmentally conscious materials. Participants will each get to create their own lip balm and sugar scrubs! RSVP and confirmation required.

#### The Alexander Technique

On Thursday, January 30 at 6pm, join us for an introduction to The Alexander Technique by Morgan Rysdon. Benefits of the Alexander Technique include stress reduction, greater balance and mobility, improved breathing capacity, and improved pain management.

### Computer Workshops @ the Hoboken Public Library

The library offers a variety of computer workshops every month in our third floor mobile classroom. Please RSVP for classes at 201-420-2347.

If you've made a New Year's resolution to start using computers join us for two **PC**

**Basics Classes** – Mouse and Keyboard on Tuesday, January 7 at 6pm and Files, Folders and Settings on Tuesday, January 14 at 6pm. For those wanting to learn more about spread sheets there is **Microsoft Excel part 1** on Tuesday, January

21 at 6pm and **Microsoft Excel part 2** on Tuesday, January 28 at 6pm. For Spanish speakers there is an **Email Basics - Spanish Language** Computer Class on Wednesday, January 15 at 6pm.





## Borrow Downloadable Periodicals with Zinio

The library has a variety of services for downloadable books and music which you can connect to through our library page at [hobokenlibrary.org](http://hobokenlibrary.org). Now in additions to these services, we offer downloadable periodicals through Zinio. Some of the periodicals even have special enhanced features only available in the online versions. You will only need to log in with your

library card the first time. After that you can simply sign into the Zinio service with your email address. You can search through the magazines by title and genre. Apps for viewing periodicals include those for Androids, iPads, iPhones, Kindle Fire HD, and more. A help section includes a video tutorial and a user guide.

The library also has a variety of

print periodicals available in the reference department. Current issues are non-circulating and available in the reading room, but most older issues circulate for two weeks and can be checked out at the first floor circulation desk. Kids and YA periodicals are available on the third floor. A subject guide to the library's periodicals is available on the library's database page.

## 2014 Programing @ the Hoboken Library

In 2014, the Hoboken Library will offer an array of educational, technological, cultural and entertainment programs every month for Adults, Children, and Teens! For adults we offer computer training courses as well as career workshops, and movie screenings. For our monthly "Hoboken DIY" we bring in local experts to teach hands-on classes. In the warmer months we will host an open-mic in Church Square Park with live music! Other unique adult programs will include author talks, lectures, health programs, finance classes, business workshops,

and more. Later this year we will launch the Hoboken Creation Space, a place for community members of all ages and skill levels to have access to tools, technology and training. The space will serve to provide community members with the opportunity to learn new and marketable skills or enhance existing skills. The space will serve entrepreneurs, artists and everyone else for prototyping and testing their personal designs and projects.

There are many programs for our younger patrons as well.

For teens; we offer art and gaming programs and special events like our annual poetry readings in honor of Black History, Women's History, and Poetry Month. For children we will continue to offer a variety of fun storytime and reading aloud options and popular Saturday programs with puppets, magic, science demos, and live animals. As always, we will hold summer reading programs for all ages.

At the Hoboken Library our goal is to offer diverse programming and a valuable community space. We hope you will join us this year!

## 3M Cloud Library Now Available to BCCLS Patrons

The 3M Cloud Library is a new resource accessible to BCCLS patrons (including Hoboken residents). 3M Cloud Library ebooks can be read on a variety of supported tablets, phones, and ereaders. Download the 3M Cloud Library App from the Apple App Store, Google Play, NOOK Storefront or install the PC or Mac 3M Cloud Library Apps. Using the drop down

menu, select NJ, BCCLS, and enter your library card number and Password/PIN. Now you are ready to browse, check out ebooks from the app or the BCCLS catalog, and read your ebook. If you have an e-reader use the PC App to load the ebook through a USB connection. 3M Cloud Library titles are integrated into the catalog so you can check out, check in, or place

a hold directly from there. To identify a 3M Cloud Library ebook, look for the 3M Cloud Library icon next to a title in your catalog search results. Please go to: [http://www.bccls.org/digital\\_collections/](http://www.bccls.org/digital_collections/) for more information about 3M Cloud Library. To see more ebook options for Hoboken patrons go to <http://hoboken.bccls.org/html/>

## Science Fiction and Fantasy Book Discussion at the Library



Join us for the new Science

Fiction and Fantasy book discussion club at the Hoboken Public Library on Monday, January 13 at 6pm! At the first meeting we will discuss our favorite authors

and books and decide on the works we will be reading for the next three months. If you are a long time fan or a newbie to the genre, we would love to hear your ideas. If you can't make the first meeting, but would like

to stay informed about what books we are reading, simply send an email to [hplwriters@gmail.com](mailto:hplwriters@gmail.com) and ask to be added to our mailing list.



## New Improved Wi-Fi Coming Soon to the Hoboken Public Library

At the beginning of January the Hoboken Public Library will update our wireless network and gain improved service for patrons using the library's computers as well as those using their

laptops and wireless devices at the library. After the update the network name will be Hoboken Library and you will need a password to get onto the network. Passwords will be available at

the second floor reference desk. As always there is no charge for use of the computers or the library's wireless service. If you have any questions, stop by the reference desk.