

## The Newsletter of the Hoboken Public Library



# @ your library



Volume 4, Issue 10

October 2007

#### Children's Fall Programs begin in October!

Baby and Me This program is for Hoboken resident children between the ages of 6 and 18 months. It occurs every last Monday of the month at 11:00 am. Baby and me features simple stories, songs, nursery rhymes, and fingerplays. The first Baby and Me meets on Oct. 29th.

Toddler Storytime 1 Toddler Storytime 1 is for Hoboken resident children between the ages of 19 and 30 months. The program is every Tuesday at 10:30 am and begins October 2nd.

Toddler Storytime 2 This Toddler Storytime is for older Hoboken resident children between the ages of 31 months and 4 years old. It occurs every Wednesday at 10:30 am. The first Toddler Storytime 2 meets on October 3rd.

Melody & Presley On Saturday, October 6th at 2:00 PM the library will be featuring Melody and Presley. They combine music and dance to create an exciting fun-filled forum for your child to sing, learn, and dance in a safe. interactive musical setting. The program is sponsored by the Friends of the Hoboken Public Library. No registration is required for Saturday children's programs.

# Here's What's Happening in October @ Your Library

#### **Sugar Blues**

Are you suffering from the Sugar Blues? If you're constantly craving sweets and want to understand why, please join Diane Carlyle, Certified Health Counselor, to learn how to gain control of your sugar cravings without willpower or deprivation. The library will be hosting a program on decreasing the amount of sugar in your diet on October 2nd at 6:30 PM in the second

floor reference reading room. Diane Carlyle is a Certified Holistic Health Counselor. She received her education at the

Institute for Integrative Nutrition, which is affiliated with Columbia University Teacher's College.

**Novel Night** The Friends of the Hoboken Public Library are very pleased to invite you to Novel Night, A Literary Dining Event! This special evening, beginning at 8pm on Saturday, October 13, features dinners with literary themes at one of 16 Hoboken Robert Dopira. homes, followed by coffee and dessert at Amanda's Restaurant (908 Washington St.). To Learn More About Novel Night: http://www.hobokenfol. org/novelnight.html

#### **Creating Positive Life** Changes

On October 15th from 6:30-7:30 the library will be featuring a presentation on reducing anxiety in your life and creating positive life changes. It will be presented by Panic Relief, Incorporated, a non-profit, nationwide educational program that offers programs, support groups and workshops on preventing panic attacks and

anxiety.

#### Robert Dopira Classical Guitar

On October 17th from 6:30-7:30 join us for the gifted guitar playing of Dopira has performed classical guitar since

1978 for a variety of organizations including churches and community groups. He holds a Bachelor's degree in performance and is completing his Master's in Music.

#### Senior Health Program

The Friends of the Hoboken Public Library will be sponsoring a S.W.E.L.L. (Senior Health and Wellness) program at the Library on Oct 19th at 2:30. There will be a display in the second floor vestibule highlighting this months topic throughout October.

# October Art and History Displays

### Art Work by Chris Kappemeier

Art work by Chris Kappemeier will be on display in the second floor vestibule throughout October. Kappernier uses a variety of mediums including crayons, markers, watercolors, pens, pastels and collages. All of his landscapes are

painted on site to reflect the true spirit of the subject. His art is about the feeling of the moment that cannot be captured by copying photographs. He has studied with at a variety of different schools including the Newark School of Fine and Industrial Arts.

#### Monsters of South and Central America

The October history display will combine Hispanic Heritage Month and Halloween. Creatures displayed include the Chupacabra and La Llarona of Mexico. Canchu of Peru, and Jaracacas of Brazil. The display will be on the second floor.



# Calendar of Events October 2007 **@your library**

Computer tutorials require pre-registration. Priority is given to Hoboken and Hudson County residents. For information call 201-420-2347 to set up a time convenient for you. Weekday children's programs are open to the 1st 15 Hoboken resident children who show a parent's Hoboken Library card with a Hoboken address on the day the program meets. For information call 201-420-2348. Unless announced, Saturday children's programs, teen events, and adult special events do not require registration and are open to everyone.

October Events for Teens

Thursday is teen night at the library! Teens in grades 6-12<sup>th</sup> join us for:

October 4<sup>th</sup>: Simpson's Night. Come watch episodes of everyone's favorite cartoon family.

October 11<sup>th</sup>: Favorite music nightbring your favorite CDs and share your music.

October 18th: Teen Advisory Board Planning meeting: Come with ideas and come hungry! We'll have pizza.

October 25<sup>th</sup>-Halloween celebration. Wear costumes and tell spooky stories!

Children's Programs

October 2 @ 10:30 Toddler time 1for children ages 19 to 30 months.

October 3 @ 10:30 Toddler time 2 – for children 31 months to 4 yrs of age.

October 6 @ 2:00 Melody and Presley – family entertainment.

October 9 @ 10:30 Toddler time 1-for children ages 19 to 30 months.

October 10@ 10:30 Toddler time 2 – for children ages of 31 months to 4yrs.

October 16@ 10:30 Toddler time 1-for children ages 19 to 30 months.

October 17 @ 10:30 Toddler time 2 – for children ages 31 months to 4 yrs.

October 23@ 10:30 Toddler time 1for children ages 19 to 30 months. October 24 @ 10:30 Toddler time 2 – for children ages 31 months to 4 yrs.

October 29 @ 11 Baby & Me- for children 6 to 18 months.

October 30 @ 10:30 Toddler time 1for children ages 19 to 30 months.

October 31 @ 10:30 Toddler time 2 – for children ages 31 months and 4 yrs.

Adult Special Program

October 2nd, at 6:30 PM Sugar Blues.

October 13th, at 8:00 PM Novel Night.

October 15th, at 6:00 PM Creating Positive Life Changes.

October 17th, at 6:30 PM Robert Dopira Classical Guitar.

October 19th, at 2:30 PM Senior Health Program

Computer Tutorials for Adults
Topics covered include:
Computer Basics

**Internet Basics and Searching** 

**Email Basics** 

Microsoft Word Basics

Resume Writing

**Library Catalog Basics** 

Call 201-420-2347 to set up a tutorial.

#### **Library Hours**

Monday

10:00 am—8:00 pm

Tuesday— Thursday 9:00 am—8:00 pm

Friday

9:00 am-5:00 pm

Saturday

10:00 am—5:00 pm

Sunday Closed

#### Children's and YA Room Hours

Monday

10:00 am-5:00 pm

Tuesday & Thursday

9:00 am-8:00 pm

Wednesday & Friday

9:00 am-5:00 pm

Saturday

10:00 am-5:00 pm

Sunday

Closed

MAYE A SAFE & MAPPY
MALLOWER!